Time goes by so quickly, as a second-semester freshman, I would like to share the hard experience in last semester and how did I solve those problems.

To begin with, a new environment is hard enough of a transition without having to adjust to living with the other person. I always felt discouraged to react and approach others, especially in the dormitory. I could hardly contain my rage when I was bothered by my roommates. Additionally, I was too scared to go to the place where is unfamiliar to me, it made me feel like I am floating in an ocean of loneliness.

However, I was adapted quickly with those ways. I choose to change myself, open myself up to new people in order to build my relationships, it is vitally important to immerse myself in environment and create a family of me. This way could made me feel better in the college, I’m no longer to feel tense